

Get Off Your Arse Too

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Get Off Your Arse - is Brad's must-read inspirational story of how he went from his boxroom to the boardroom as MD of 4Networking. With over 200 rave reviews on Amazon, averaging 4.7 out of 5, this was the publishing sensation of the year.

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He's published a number of books, including the hugely successful "Get Off Your Arse" - which was the highest rated and reviewed business book on Amazon. His website writes of his seminars, 'expect...

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1993: When he was self-aware. A 1993 interview for New Zealand TV station Newshub, shows a rare glimmer of self-awareness in 47-year-old Trump - and makes a mockery of his claims, during the ...

A motivational smack in the face! "Beneath the bluff exterior of the self-styled "fat bloke from Manchester" is a shrewd business brain." The Times "... a northern Anthony Robbins!" Theo Paphitis Brad Burton, once a regular in the dole queue, burdened with unbearable levels of debt, is now the MD of a multi-million pound international business. If anyone knows about sorting your life out, it's Brad. But this isn't Brad's story – this is about YOU. Brad is here to share practical, actionable steps – stuff you can actually do – to improve your life, both at home and in business. He's learnt exactly how to motivate yourself, focus on your passion, face setbacks and keep on moving forward – and now Brad wants to share these lessons with as many people as possible. We all have it in us to improve our lives and succeed – we just need a friendly kick in the pants from Brad! Chapters include: If you only motivation is money it's not enough 2 year plan. Forget it. More like 2 week plan No passion. No point Buy my stuff Eject. Eject. Ignore. Ignore. Ignore

No more excuses! The Life Bitch is here, and he has no time for whingers. If you know your bum looks big, then get it off the sofa. Steve Miller is an expert in training people in positive thinking. His approach depends on using skills that everyone has: common sense (you are fat because you eat too much - no one is fat in a famine) and a bit of determination. He is tough-talking (he calls a hippo a hippo) but warm and witty too; and he shows you - with real life examples and stories - techniques that really work. His approach is realistic, and it's all about getting real. This is not just about shedding the flab, but about becoming the person you want to be, and realising that it is in you to make it happen.

A story that you and your butt will never forget! Join Zack on his epic journey across the Great Windy Desert and through the Brown Forest, to reclaim his runaway butt. (Based on a true story.) Zack Freeman is ready to tell his story...the story of a brave young boy and his crazy runaway butt. The story of a crack butt-fighting unit called the B-team, a legendary Butt Hunter's formidable daughter, and some of the ugliest and meanest butts ever to roam the face of the Earth. A story of endurance that takes Zack on an epic journey across the Great Windy Desert, through the Brown Forest, and over the Sea of Butts before descending into the heart of an explosive buttcano to confront the biggest, ugliest, and meanest butt of them all!

In this witty, incisive guide to critical thinking the author provides you with the tools to allow you to question beliefs and assumptions held by those who claim to know what they're talking about. These days there are many people whom we need to question: politicians, lawyers, doctors, teachers, clergy members, bankers, car salesmen, and your boss. This book will empower you with the ability to spot faulty reasoning and, by asking the right sorts of questions, hold people accountable not only for what they believe but how they behave. By using this book you'll learn to analyze your own thoughts, ideas, and beliefs, and why you act on them (or don't). This, in turn, will help you to understand why others might hold opposing views. And the best way to change our own or others' behavior or attitudes is to gain greater clarity about underlying motives and thought processes. In a media-driven world of talking heads, gurus, urban legends, and hype, learning to think more clearly and critically, and helping others to do the same, is one of the most important things you can do.

It is the Seventies and Horse's Arse is the affectionate name for Handstead New Town, a North Manchester overspill and an unholy dump. The police use it as a penal posting ? all the bad egg coppers end up there. Worst amongst the residents of Handstead are the Park Royal Mafia, a gang of violent thugs who terrorise their neighbourhood. They and the officers doomed to serve at Handstead wrestle constantly for dominance. This is the story of some of those police officers - the Grim Brothers, Psycho, Pizza, Piggy Malone and others, a group of hooligans in uniform and their journey through excess, despair and finally some form of salvation...

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A Kiwi cowboy and his stubborn horse (nicknamed 'Goddammityou-sonavabitch') ride through America. Here's how an 'averagely dumb city-slicker' looking for something to do on his summer holiday saw Dances With Wolves and was seduced by the lure of the West. Together with a small stubborn horse rescued from a career in the Belgian sausage industry, he travelled 3500 miles down the Rocky Mountains from Canada to Mexico. When Lee Hughes began, he didn't know how to ride, and his horse, Spice (also known by his Indian name of 'Goddammityou-sonavabitch'), wasn't giving lessons either. Their relationship wasn't exactly a partnership, more of an armed truce, but nevertheless they crossed rivers and deserts, mountains and plains, dodged buffalo and bears, moose and mountain lions, met policemen and preachers, cowboys and Indians, Democrats and all manner of respectable folk as well. They made it to Mexico only nine months late. Bones were broken, six-guns roared in anger and quicksands were explored the hard way. There were feasts, famines and some world-class drinking. Good deeds were done and dark ones concealed. And a good horse died. Around wintertime Lee and Spice bluffed their way on to a ranch and played at being a cowboy and a cowpony. 7000 cattle went along with the joke until summer, and then they headed south again, saddlebags bulging with rolled oats, baked beans and Cheez Whiz. What started out as just a summer holiday, grew until it filled a year with excitement and laughter, panic and peril and, ultimately, became this 'mostly true story without too many lies or bits left out'.

The inventive young hero from the bestselling I Need a New Butt! is back and this time he has accidentally glued a serving tray to his behind – and it's great for sliding down hills, surfing big waves, and other booty-full fun. Now all his friends want one too!

A catch phrase is a well-known, frequently-used phrase or saying that has 'caught on' or become popular over along period of time. It is often witty or philosophical and this Dictionary gathers together over 7,000 such phrases.

Colour this vulgar book to relieve stress, to pass the time while you're locked in your home and to just have a little fun! WARNING - This book is coarse, crude, vulgar, rude and generally disgusting so don't be surprised at what you find inside. If there's a bandwagon to jump on we'll jump aboard, but usually a little late, as with this one. We couldn't be bothered to make smart-arsed comments about toilet paper so we just did this book which you can always use as a toilet paper substitute. Colour this despicable book to relieve stress, to pass the time while you're locked in your home trying not to scream at your family and to just have a little fun! The pictures in this book have bugged all to do with the current coronabollocks pandemic. It's just that we enjoy swearing. Ignore the news, ignore this fucking virus: Just take some time out and eliminate your personal stress and do some colouring while you disconnect from the world of panic buying, social distancing and all the other mind numbing shit. This book contains 46 different adult colouring pictures, some difficult, some not so difficult, full of insulting phrases, immature language and generally juvenile stuff. Why 46? Why not? Every bugger does rounded numbers so this is a bit different. Oh, by the way, unless your grannie is very open minded please don't get her a copy. Enjoy it while you still can before you pop your clogs!!! This is most definitely NOT for children! This somewhat crude book has 46 single sided pictures to colour! These pages of swear words and dirty expressions are sure to bring a smile to the face of anyone with a warped sense of humour and makes a great present for adults who swear like a trooper! This funny adult colouring book is a great way to relax during these difficult times. These designs will provide hours of fun, stress relief, creativity, and relaxation. The designs are printed single sided on quality white paper to ensure there is no bleed through onto the next picture. Great for crayons, markers, pens and colored pencils or even your next door neighbour's blood if he gets too close. Features Large 8.5 x 11 inch size - perfect size for a backpack or for using at home Single-sided pages for no bleed through, easy-to-remove pages High-resolution printing for crisp, clear illustrations 46 unique designs with crude language Durable matte cover High-quality book

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